



August 24, 2021

Dear Parents/Guardians,

I am writing to share an important concern with you. There are many students at St. John Paul the Great Academy with food allergies. Some of these allergies are severe and can be fatal. The most common food allergies among our students include nuts in any form (peanuts, peanut butter, peanut oil, almonds, almond butter, cashews, cashew butter, macadamia nuts, walnuts, pecans, hazelnuts, pine nuts, leech nuts), seeds, eggs, shrimp, legumes, cheeses of any kind, pears, mangos, peaches, rice (including rice flour), and milk. Please keep this in mind when sending food items to school for snacks, school events in your child's class, or school functions. Please check with your child's teacher before sending any treats to school. Ask your child to be careful with peanut butter or any nut butter brought into school as it leaves a residue on hands that can be transferred to items shared by other students. Encourage your child to practice good hand washing in and out of school.

Because St. John Paul the Great Academy has a **NO FOOD SHARING** policy in school for lunch and snack time, I would like to ask parents/guardians to support and promote this policy. The safety of our children is paramount. If you have any questions or concerns, please feel free to contact me. Thank you for your consideration of this matter.

Sincerely,

Mrs. Simone Odom, BSN, RN  
School Nurse